

Cavendish Contact



Issue 129
17 June 2016

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Schools County Athletics Championships

Jarman Park - Saturday 11 June 2016

We had a number of students represent Cavendish School at the County Championships, Jarman Park. A warm but overcast day did not deter the students from putting in some fantastic performances.

AGE GROUP	EVENT	NAME	TIME/ DISTANCE	POSITION
U13 Girls	800m	Olivia Moore	2:44.1 PB	4 th in Final
	Javelin	Olivia Moore	14.70m	7 th
U15 Boys	Shot	Ollie Stafford	7.76m	12 th
	Hammer	Ollie Stafford	34.06m PB	1 st County Champion
	Javelin	Byron Appleton	41.75m	3 rd
	200m	Lewis Pearce	24.3 s	3 rd in Final
	100m	Junior Bio	12.6s	
U15 Girls	Discus	Micaela Brewer	21.68m	5 th
	Hammer	Micaela Brewer	19.91m	2 nd
U17 Boys	Triple Jump	Jackson Cowans	13.49m PB	2 nd
	1500m	Jo Chott	4:28.6	6 th
U17 Girls	100m	Leah Moh	13.9	7 th in Final
	Shot	Leah Moh	10.62m	3 rd
	Javelin	Megan Glaister	24.89m	5 th

Jackson Cowans (Year 11) has been selected to represent Hertfordshire in the Triple Jump at the English Schools Athletics Championships (this is next biggest event to organise after the Olympics) which are being held in Gateshead on the 8-9 July 2016. Good Luck Jackson and once again well done to all who took part.

Cavendish School PE Department

Show Jumping Success



Congratulations to Riley Hayward, 9MA1, who represented Cavendish School in the 'Just for Schools' league at 1m and 1.10m show jumping at Quanton Stud on Sunday 12 June. Riley won both classes on her horse Patsy, jumping both courses clear and with very fast times.

Well done Riley!

Engineering Club visits Hemel Hempstead Forum

Have you seen the high-tech, high-spec building being constructed in the town near the Civic Centre? Cavendish Engineering Club members visited there recently, to see the construction site from the inside, at the invitation of David Fenwick of building contractor R G Carter. This was our investigation into Civil Engineering: we learned about health and safety on the site, and the high-tech sustainable features that will help save resources and money. The building itself will cost £17 million and will be an iconic statement in the centre of our town. There is a stunning atrium in the middle of the building that will have natural light from above through the clear roof. We are looking forward to another visit to the site as the building nears completion.



Mrs Shaw, Engineering Club leader

NHS
Herts Valleys
Clinical Commissioning Group

Wednesday 6th July 2016

South Hill Centre, Cemetery Hill, Hemel Hempstead, Hertfordshire HP1 1JF

*Join us in a conversation about Healthy Lifestyles and Exercise
Plus an update on the Hemel Hempstead Hub*

As a resident, patient or carer, community member, provider of services or if you work in a local GP surgery, you will know what it's like to use or provide local health services.

We would like to invite you, together with patients, doctors and staff who work in GP surgeries in the local area and with partners and community representatives, to an afternoon event in Hemel Hempstead. Our main focus will be on healthy lifestyles and exercise schemes with a brief update on the Hemel Hub situation. Following the presentations there will be an opportunity to take part in a round the table discussion.

We have called this a 'conversation cafe' with the aim of creating a relaxed informal setting so everyone can talk and work together to make our local services the very best they can be.

The conversation café will be held on:

Wednesday 6th July 2016
13:00-15:30 (lunch, registration and market stalls from 12:15)
South Hill Centre, Cemetery Hill, Hemel Hempstead, Hertfordshire HP1 1JF
(Pay & Display parking nearby)

Places will be limited – to register for the event please email
Julie.Doherty@hertsvalleysccg.nhs.uk no later than 24th June 2016.

Please also advise if you need any assistance to help you take part in this event or if you have any dietary requirements.

There will be an opportunity for agencies to display information about their services during the meeting on 'market stalls'. If you are interested in having a stall for your agency at the event please let us know also on the above email address.

We look forward to hearing from you.

Kind Regards,

Dr Corina Ciobanu
GP and Dacorum Chair

Diary of Events

June 2016

Tuesday 21st	Year 10 Geography trip to Cambridge
Thursday 23rd	Sports Day at Jarman Park
Tuesday 28th	Years 7 and 8 Author visit P4 and 5
Tuesday 28th	Years 7-10 Sports Leaders Festival 12.30pm - 3pm
Tuesday 28th	Year 6 Uniform Evening 5pm - 8pm Main Hall
Wednesday 29th	Year 7 Whipsnade Zoo trip
Wednesday 29th	Year 13 Leavers' Dinner at Boxmoor Lodge
Thursday 30th	Year 8 France day trip
Thursday 30th	Year 11 Induction to Sixth Form at Gade Valley

July 2016

Friday 1st	INSET DAY
Friday 1st	Year 8 Girls STEM Magnificent Women day at Gade Valley
Tuesday 5th/ Wednesday 6th	Year 12 Interview Day/ UCAS Preparation
Wednesday 6th	Year 11 Prom at Shendish Manor
Wednesday 6th - Friday 8th	Year 9/10 History WW1 Battlefields Trip
Thursday 7th	Year 6 Transition Day
Thursday 7th	Year 8 Trip to Natural History Museum
Wednesday 13th	Expressive Arts Summer Concert, time tba
Friday 15th	DSSN Awards Night 5pm - 9pm Main Hall
Monday 18th - Friday 22nd	Year 12 Work Experience
Tuesday 19th	Years 7-10 Shakespeare Festival
Wednesday 20th	Community Tea Party
Friday 22nd	TERM ENDS 12.15pm



Clandestine

(adjective)
[klan-destin]



Definition:

1. Characterised by, done in, or executed with secrecy or concealment, especially for purposes of subversion or deception.
2. Private or surreptitious.

Examples of use:

- Their **clandestine** meetings went undiscovered for two years.
- Romeo and Juliet arranged a **clandestine** meeting.



DACORUM SPORTS TRUST

Give it a **TRI** Hemel Hempstead TRIATHLON
Sunday 2nd October 2016

SIGN UP NOW!

In partnership with:

Dear School Contact,

We are delighted to announce that we are launching the first ever Hemel Hempstead Triathlon!

When: Sunday 2nd October 2016

Where: Starts at Sportspace Hemel Hempstead

What is the event? 400m swim, 8km cycle, 5km run

Who is it for? It is open to everyone aged 16 years and above, including people who have never done a triathlon before.

Price: £25 (plus £5 Day Membership for Triathlon England)

For more information about the event and to book, please visit our Triathlon webpage [\(click here\)](#)
Happy Training!