

Cavendish Contact



Issue 115
5 February 2016

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National Success for Pole-Vaulter Jess!

On Sunday 24 January, Sixth Form student Jess Robinson travelled to Cardiff to take part in one of the best pole vault competitions in UK.

With over 120 athletes registered, she had to wait until late in the afternoon to take part in her pool where she competed against some of the best athletes in her age group.



Having improved her personal best only three weeks earlier, and getting very close to a qualifying height for the European youth championships, Jess was very keen on achieving this target. She had to keep her nerves under control for over 3 hours during the nerve wracking competition in which some of her most dangerous opponents were achieving their personal best, and she managed it just right.



She could see the last two competitors progressing onto the same height as her personal best and that lifted her over this bar on her first attempt. However, the other two girls also managed that height on their last attempt, so the fight was still on. It now came to the height of 3.96m and Jess, being the determined person she is, cleared it - again on her first attempt - and was the only competitor this time. Setting her new personal best, a new club record, getting to the number 1 spot in her age group in the UK, and qualifying for the European championships was great reward for her hard work so far.

And as if that wasn't enough, later on Jess was told she was going to be awarded a trophy for the best female performance of the day and also represent England in the 'international' match against Wales and Scotland in 2 weeks - what a great start to the new season!



Diary of Events

February 2016

Monday 8th - Friday 12th	Year 11 Mocks - English and Maths
Tuesday 9th	Year 9 Parents' Consultation Evening 5-7pm
Monday 15th - Friday 19th	HALF TERM
Monday 22nd	INSET DAY
Tuesday 23rd	Year 10 Parents' Consultation Evening 5-7pm
Thursday 25th	Everest Reading Challenge
Friday 26th	Year 9 Options Deadline
Monday 29th - Friday 4th	Year 12 and 13 Assessment Week

March 2016

Monday 7th	Year 11 Meningitis Vaccinations
Wednesday 16th - Thursday 17th	Year 11 GCSE PE Moderation
Thursday 17th	Year 9 Big Bang Fair @ Birmingham NEC
Monday 21st	KS3 Maths Puzzle Challenge Day - Main Hall
Tuesday 22nd	Year 12 and 13 Parents Consultation Evening
Thursday 24th	TERM ENDS 12.15pm
Friday 25th - Wednesday 30th	Year 9 and 10 Normandy Trip
Friday 25th - Friday 8th April	EASTER HOLIDAY

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Achieving quality outcomes

Download the Spring 2016
DSPL Dacorum Newsletter

[www.cavendish.herts.sch.uk/
news_dates/newsletterdocs/2015-16/
dspl_newsletter_spring2016.pdf](http://www.cavendish.herts.sch.uk/news_dates/newsletterdocs/2015-16/dspl_newsletter_spring2016.pdf)

Year 9 Parents' Consultation Evening

Our Year 9 Parents' Consultation Evening takes place on Tuesday 9 February 2016 and we look forward to seeing you from 5pm when subject teachers will be available to discuss your child's progress. We will be operating an appointment system, and your son/daughter will be responsible for making an appointment with his/her teachers using the form they have been given. However, please do speak to your child about the appointments that they have made in the run up to the evening, to check their progress with making appointments for all of their subject staff.

We do hope you will be able to attend, as this is an ideal opportunity to discuss your son/daughter's GCSE/BTEC option choices.

If your child has special educational needs, please ensure that they make an appointment with Ms Hill, the SENCO, or Miss Allaway.

Mr Still, Head of Year 9
Mr Woodard, Assistant Headteacher

Year 7 Team Maths Challenge

On Tuesday 2 February, Miss Chapman took us to Astley Cooper School to take part in the Year 7 Team Maths Challenge. We found it exciting, fun and something different. There were four rounds: two group rounds, a memory round and an estimation round. We did the best in our estimation round. There were twelve different teams and we came fifth. We were happy with our place. It was a great experience and we had a lot of fun.

Simon Major, Lorenzo Bizgau, Leanne Clark, Molly-May Double



Improve your wordpower



Word of the Week

Intrepid in-trep-id
(adjective)

Definitions: Fearless, bold, adventurous

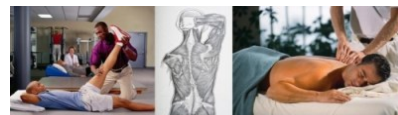
- An **intrepid** person acts in a brave way

Examples of use:

- The **intrepid** astronaut left the space station.
- The **intrepid** photographer flew on some of the fiercest bombing raids of the war.
- Those settlers were **intrepid**. They set off not knowing what dangers were ahead.

Cavendish Injury Clinic

A clinic run by Sports Therapist,
Penny Thornhill BSc



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for Cavendish Students

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-- Massage sessions available --

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For more information call
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penny_thornhill@btinternet.com



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